

SYC MONTHLY

THE OFFICIAL
PUBLICATION OF THE
GEORGIA STATE
YOUTH COUNCIL

JANUARY 2022 | ISSUE 22

JANUARY SAVE THE DATES



NEW YEARS DAY

JANUARY 1ST, 2022



MARTIN LUTHER KING JR BIRTHDAY

JANUARY 17TH, 2022

goals





MARK & MELISSA'S MONTHLY MESSAGE

Happy New Year!!!!

New year, New challenges, or New opportunities. All depends on how you look at it. Resiliency demands that we embrace the challenges and see them as opportunities that will allow us to grow, and we know growth is good!!!

There is no doubt that you will face challenges this year but you can decide how you will meet them. I say lean in and turn those challenges into opportunities and show the world how resilient you really are.

Let's go 2022!!!!!!



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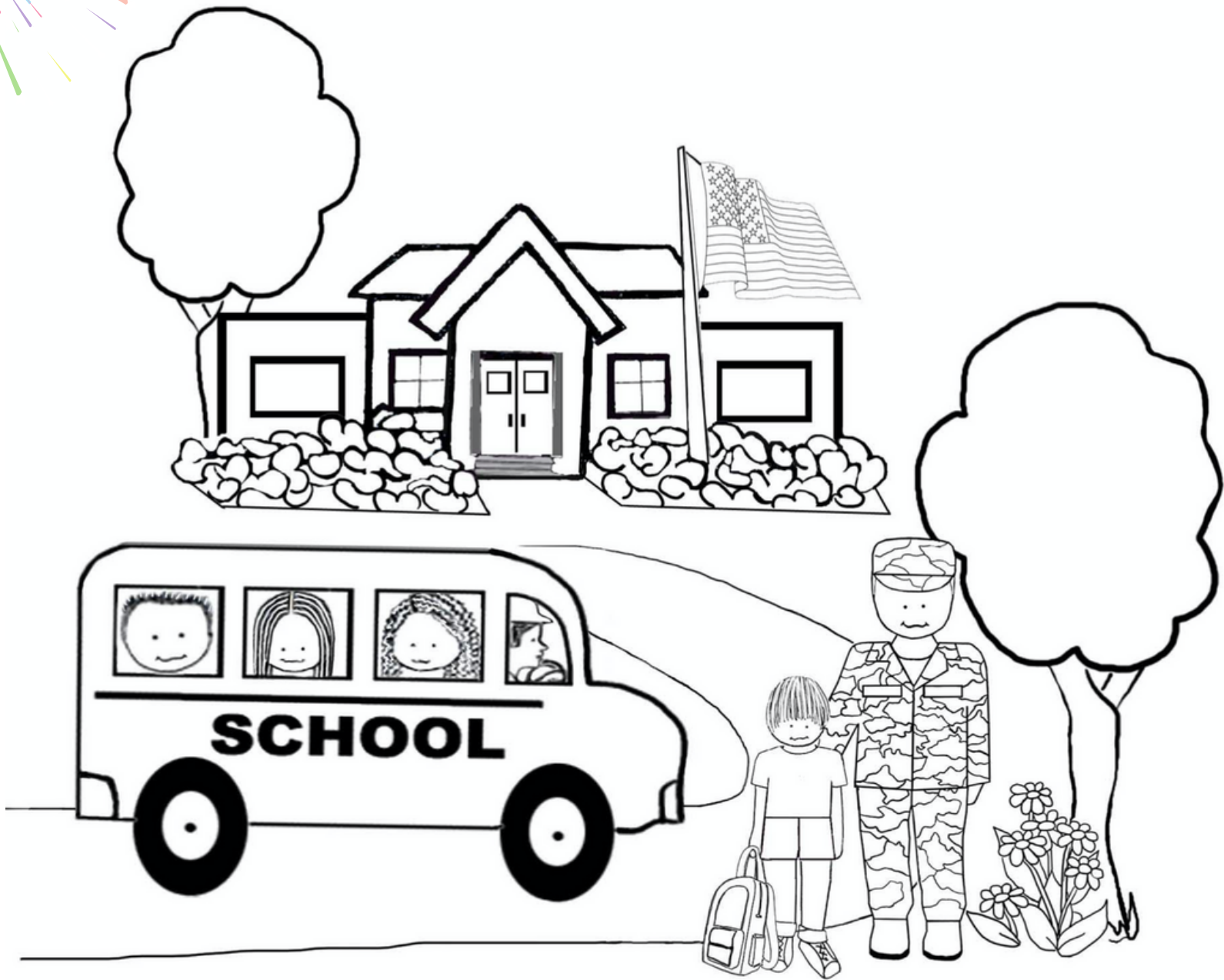
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ARNG CHILD & YOUTH SERVICES



WE NEED YOUR FEEDBACK to continue improving the programming and services made available through the Child and Youth Program. Please take a few minutes to complete the following survey: <https://www.surveymonkey.com/r/N-Assess-22> your feedback helps us identify what is currently going well in the Program, what needs to be improved, and how Child and Youth Services can better support the readiness and resilience of you, your family and other military-connected families.

BACK TO SCHOOL COLORING PAGE BY TROOPS IN TOUCH



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Georgia National Guard
State Youth Program



@YouthProgramsGA



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GeorgiaGuardFamily
Program.org



NOW ACCEPTING APPLICATIONS

GEORGIA NATIONAL GUARD STATE YOUTH COUNCIL



APPLY TODAY



<https://forms.zoho.com/workfor/warriorsga/form/StateYouthCouncilApplication>

The Georgia National Guard Youth Program is now accepting applications for the next class of GA Nat'l Guard State Youth Council Members!

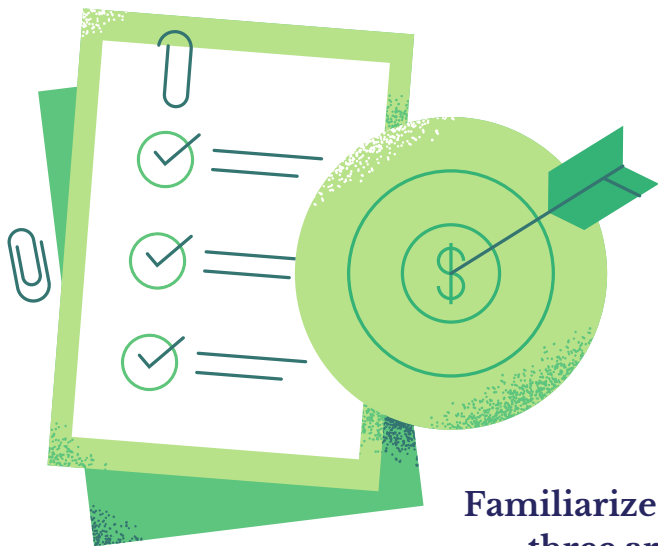
JUNIOR SYC AGES - 10-14 YRS SENIOR SYC AGES - 11-17 YRS

MEMBERSHIP BENEFITS

- **Be an Ambassador for Georgia Military Youth**
- **Resume Building Experiences**
- **Job/College References**
- **State + Regional + National Travel Opportunities**
- **Work with State Military Leadership**
- **MRT Resiliency Training**
- **Lifelong Connections with other Military Youth**
- **Membership & Activities are FREE upon acceptance!**



GEORGIA NATIONAL GUARD YOUTH PARTNERSHIPS



CREATING 2022 SMART GOALS



Using the 8 Dimensions of Wellness

Familiarize yourself with the 8 dimensions of wellness and choose three areas focus on while creating your 2021 smart goals.

EMOTIONAL Coping Effectively & Creating Satisfying Relationships

ENVIORNMENTAL Surrounded by Stimulating and Supportive Enviornments

FINANCIAL Satisfaction With Current & Future Financial Situations

INTELLECTUAL Finding Ways to Expand Knowledge & Skills

WORK/SCHOOL Satisfaction & Enrichment from One's Work

PHYSICAL Coping Effectively & Creating Satisfying Relationships

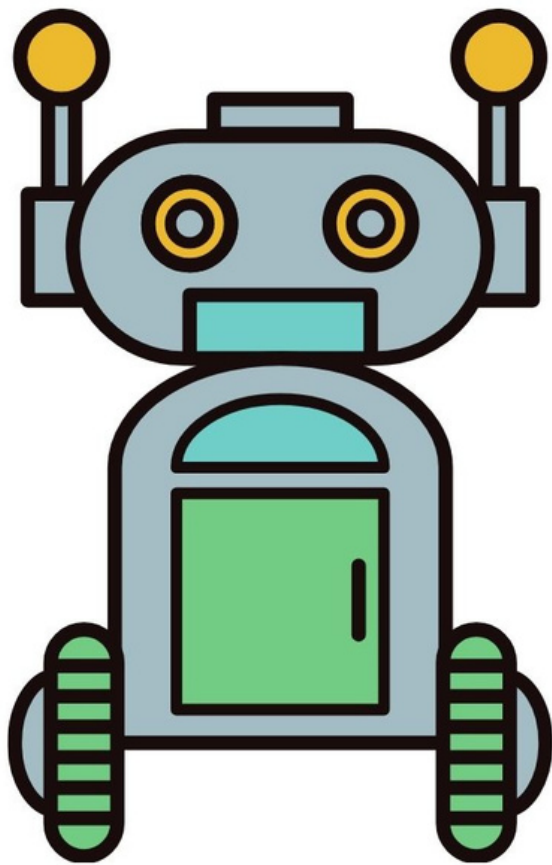
SOCIAL Developing a Sense of Connection & Well Developed Support System

SPIRITUAL Expanding a Sense of Purpose & Meaning in Life

Create one SMART goal for all three areas of wellness you chose to focus on above... refer to the SMART checklist to the left before finalizing each goal.

S	pecific
M	asurable
A	ttainable
R	levant
T	ime-specific

Wellness Dimension	GOAL - Be sure to reference the SMART chart before finalizing each goal!



ROBOTICS TEAM

The 2020-2021 Robotics Team was awarded the "Breakthrough Team of the Year" at the Final Tournament!

How: Virtual & In-Person (ATL - Oglethorpe)

When: October - April (2x per/wk)

Why: Represent #MilKids in a STEM Competition vs Teams Across the USA

Cost: \$35 (Includes Shirt & Tournament Fee)

What Now: Fill out An Application at the Code/link below!



[HTTPS://ZFRMZ.COM/89
WGCEUSHN57TUUUH9NU](https://zfrmz.com/89WGCEUSHN57TUUUH9NU)